

Celebrate Earth Day

with Dr. Sarah Jefferis

WOMEN'S

YOGA + WRITING + MEDITATION

WORKSHOP



Dr. Sarah Jefferis is
an author, writing coach,
and yoga instructor.

EMAIL TO REGISTER BY 4/21
SARAH@SARAHJEFFERIS.COM

Brunch included

SUNDAY
APRIL 24TH

9:30 AM - 1 PM
\$175